

North Balwyn Club Tennis



Christmas Newsletter

December 2007

PRESIDENT'S REPORT

Well, members, as we wind down the year towards another festive season, I want to wish you on behalf of the club committee, a safe and joyous Christmas and New Year.

Reflecting on the past 12 months, it's actually been a good year for NBTC, considering the challenges we have, mostly of water restrictions. In another section of this newsletter, we update you on the latest on this matter.

As you heard at the AGM, our financial position is solid and so are our membership numbers: holding up well. We continue to need to keep our courts in good condition, and strive to do necessary maintenance. A number of people in the club give their time freely and tirelessly to this work, and we could always do with more help, so please consider speaking to anyone on the committee if you are able to assist in any way in helping us run the club.

At the AGM, we elected a committee for the next 12 months, and most from last year were able to continue. I particularly want to thank and acknowledge Rowena Sheung for her great efforts last year, as Rowena has chosen to 'retire' from the committee for this year. And thanks to Eugene Chandraraj for joining.

For those of you who think you know a lot about tennis, here's a quick few trivia questions (try these on your family!) to keep you thinking in between tennis matches; answers are elsewhere in this newsletter:

- Who has won the most Australian open singles men's titles and how many was it?
- Who has won the most Australian open singles women's titles, and how many was it?
- Most of us know that Mark Edmondson was the last Australian men's singles winner of the Australian Open. Who did he beat in that final and what year was it?
- What is a 'bagel' in tennis?
- What are the 8 shot types all sound tennis players can execute?

(Answers on last page)

Happy tennis to you all and also, Merry Xmas and Happy New Year! Thanks to everyone who helps to make NBTC what it is.

Danny Samson

THE COMMITTEE

Danny Samson
Vacant
Vacant
Tony Barton
Peter Moran
Peter McCaw
Andrew Halford

President
Senior Vice-President
Junior Vice-President
Secretary
Treasurer
Membership Secretary
Junior Organiser (joint)

Stuart Brown	Junior Organiser (joint)
Elizabeth Brown	Committee Member
Rhonda McCaw	Committee Member
Eugene Chandraraj	Committee Member

Five vacant positions

Andrew and Stuart are also our joint Head Coaches.

MAINTENANCE REPORT

The Committee has decided to treat all the courts with $MgCl_2$ which will help to retain the water applied to the courts. By doing this the club will be able to use all 8 courts through an arrangement with Yarra Valley Water.

The condition is that we reduce our water consumption by a further 20%. Since introduction of water restrictions in 2007 our usage has already dropped from 4000 litres/day to 1000 litres/day. This means we can use only 800 litres/day on watering a maximum of 8 courts. As a condition we have to monitor our water usage and report back to Yarra Valley Water. We will need members to help with applying the chemical and we hope that we get a good response when we call for volunteers.

In the mean time, only four courts can be watered so the **NO PLAY** signs **MUST** continue to be observed until the treatment is completed.

The other excellent news is that NBTC has been successful (thanks to the efforts of our secretary, Tony Barton) in our water grant application to City of Boroondara and will receive \$10,000 to go towards the purchase and installation of a 40,000 litre water tank.

As far as security goes, we are continuing to deal with the City of Boroondara re the provision of a keypad entry system which will do away with the need for members to carry keys - more news shortly.

COURT CARE

Please obey the following simple instructions when caring for courts. It will make life simpler and safer for everyone.

Bagging: Bag courts back to the fence and well outside the side lines. Replace drag mats neatly against the fence at the **back** of the courts, **not** on the sides.

Watering: Water courts evenly and thoroughly to the back fence but being mindful of current water restrictions. When finished, draw hoses out **in straight lines** against the back fence or, for courts 1 & 2, between the courts. Do **not** leave hoses in a tangled pile. This is both dangerous and difficult for the next person who has to use them.

Line Brooms: Sweep lines gently to expose the line but not to leave a trench. Always replace the broom on the fence hanger designated for the purpose (marked 'BROOM').

JUNIOR COMPETITION REPORT

Competition this year has been tough with water restrictions, but this has not stopped our junior teams performing. We have 2 teams (out of 7) from Saturday comp in the finals so the best of luck to them. Our girls section 4 team (Serena Tran, Kim Vo, Yana Barton, Millie Clarke & Martha Clarke (Junior club champion)) has been extremely consistent throughout the entire year, winning the premiership in Section 5 and now making the semis this season. Well done girls!!!

Our boys 17 team had a great season finishing 2nd, and are looking very promising to take out the final. Section 13 missed out by 2 points which was disappointing considering their last match was a bye! The girls 14 had a tougher season this time round, after winning section 17 last season but all had fun, and that is the important thing!

Sunday ERT has just finished the 1st half of their season. N.B.T.C has 4 teams, which is the maximum we can have with the water restrictions, all teams are doing well, some teams are encountering opposition that should not be in their section but are still enjoying being out on the court and giving it their best shot!

We hope you all have a Happy Christmas and New Year, also wishing the Doddridge family all the best, they are moving

overseas for 3 years. The two boys Ben & Jordan have played comp with N.B.T.C for some time now and we hope they enjoy life in a new country and look forward to them coming back to N.B.T.C in the future!

Stuart Brown & Andrew Halford

COACHING REPORT

This year's coaching program has maintained excellent attendance in spite of the hardships faced by the current water restrictions. While the number of kids in our group lesson program expectedly peaked and troughed due to the seasonal weather conditions throughout the year, we have had a steady increase in squad numbers for both girls and boys.

Our coach and match-play morning on Fridays is running steady. Our players thoroughly enjoy their morning of coaching always eager to add to the foundation of their individual levels of play with self-tailored technique work as well as new tactics and strategies.

Private lesson tuition is very strong at present with over 20 keen juniors and adults wanting to improve their game in every facet as quickly as possible.

Stuart and I appreciate the continuing support from our clients as well as the club as we continue to offer our extensive coaching program for all ages and standards. We will again drop thousands of flyers over January promoting our business and the club!

TENNIS MATTERS

Andrew Halford (TCAV Advanced Coach, B.App.Sci. in Human Movement) Ph. 0412 021 911

Stuart Brown (TCAV Advanced Coach) Ph. 0412 966 336.

MID-WEEK COMPETITION AND SOCIAL TENNIS REPORTS

Tuesday M.E.M.R.L.T.A. Competition

Section A5

We had another perfect finish to our winter season in A7. We started the season with a healthy five women team : Christa Schlifelner, Melanie Katopodis, Serena Hayes, Anke Meinert and myself being the captain.

With Anke away to China and South Africa, we were down to four and then Christa injured her knee. We managed the rest of the season with the help of our wonderful emergencies : Vicki Ibbott, Margaret Grouse and Jenny Law. We ended up top of the ladder and won the grand final.

This season will be more challenging for us because we have been promoted to A5. Jenny Law has also joined our team. We are already half way through the season and at the moment second on the ladder. Hopefully we will continue to improve, stay healthy and be able to bring back another flag for the club. *Rowena Sheung (Captain)*

Wednesday E.D.W.T.A. Competition

We are a very happy group on Wednesdays but we have a great weakness for travelling. Our winter team 07 was unbeaten for the first half of the season, faltered a little but was beaten into second spot by the narrowest of percentages. However we contrived to lose a disappointing semi-final and as most of the team were unavailable for the final - a secret relief. We were captained most diligently by Margaret Walker who had a difficult season with worrying eye trouble preventing her from playing but not from attending to her duties. This summer we are back to two teams, but we would welcome new players. We battle the dry courts and we are all happy to be playing our favourite game but keep your fingers crossed for no injuries.

Norma Ross, E.D.T.A. Secretary

Section B1

Another nightmare season for any captain. Our team of 5, soon became a team of 3 with Lorna Sargeant & Caroline Bragg both out injured. Many thanks to Joan Cocks and Maree Purcell for playing the first few matches to avoid forfeiting, then thanks to Julie for swapping her work day to help out, also thanks to Norma Ross & Betty McPhee both coming to the rescue at the last minute to get a team on the court. We are not out of the woods yet with only half our season gone, we hope for a better second round and a good 2008. Thanks to all the team and emergencies who have helped out.

Helen Rayner (Captain)

Thursday H.D.W.T.A Competition

Section 1

As at the last ladder we were positioned 4th just below Donvale who we played on Thursday 29th November and beat convincingly. This would put us in 3rd place. We have won 4 and lost 4 matches. A couple of our team members are struggling with injuries, but we hope they make a speedy recovery with the Christmas break, all being well, we can have a strong finish for the rest of the season which is due to finish in March 2008.

Judy Davies (Captain)

Thursday Veterans' Tennis Report (Spring 2007 Season)

Section 2

Consisted of John Zannoni (Capt), Stephen Clarke, Elle Cohen, George Matthews and Garry Basinski. This team gave John Zannoni a real headache due to injuries and absences which meant great difficulty in fielding a regular team. With a bit of luck they scraped into the finals in the last match of the season by one solitary point, won the first semi-final and then crashed at the preliminary Final. Stephen Clarke was unavailable and John Zannoni had a knee injury. A rather unfortunate season.

Section 3

Consisted of Tony MacCormack (Capt), Peter Moran, Lou Sorani, Maurie Bayfield, Jim Di Stefanis and Theo Eversteyn. Again injuries and absences played a part but three emergencies, including a very capable Mike Charlotte, enabled this group to finish top of the ladder. They then had a big win in the Preliminary final and followed this up with a well deserved Grand Final win over Lum Reserve 5 sets to one. Well done boys.

Section 4

Consisted of Ian Polmear (Capt), Russell Gledhill, David Hathaway, Neil Wilkinson, Tom Yamazaki and John Quay. Ian had a horror season as Captain and every week struggled to get a team together due to injuries, illness and absences including Russell for six weeks with a hamstring problem. John Quay no doubt set a Club record when for a variety of reasons he was unavailable for the entire season. Well done John. The result of all this meant that although battling hard they were unable to make the finals and finished 5th.

Section 5

Consisted of the bare 4 players to start with - Bob Lee (Capt), Peter Purcell, Ron Brown and Karl Abele. Peter Bahen was recruited after the season started and after struggling to keep off the bottom of the ladder for the first half struck form at the right end of the season to finish on top in a very even competition. Unfortunately that was the end of the pennysection as we crashed out of the race for the flag in the Preliminary Final to a strong team from Nunawading. Not a bad effort however with two 80 year olds in the team.

New Players Required

As usual we have to recruit new players as age and injury continue to play their part and the Club really does need an injection of new blood. We are always on the look-out for new players for our Thursday Veteran's competition so once again the plea goes out that if you are at least 50 years of age and would like to participate in a very popular Veterans' tennis group on a Thursday afternoon please ring Peter Purcell (9857-6286), or Bob Giddings (9857-7292) to assess the situation. The next season commences in February 2008 and ends late June 2008.

Peter Purcell, Thursday Veteran's Convenor

Life Begins at 80

As several Club Members, including yours truly, have or are about to turn 80 I thought I might pass on some of the good things about becoming an octogenarian.

The good news is that the first 80 years are the worst.

After you turn 80 everyone wants to help you carry your bags or help you upstairs. You might even be offered a seat on the tram by middle aged people or even some young schoolchildren. If you forget an appointment, promise to be in two places at once or spell words incorrectly do not worry – you only have to explain that you are 80 and all is forgiven. You are 80 and therefore entitled to be stupid.

Nobody expects anything of you and you can relax without any misgivings – you have the perfect alibi for everything – you are 80 and everybody is looking for symptoms of softening of the brain and that little slice of stupidity. If you can survive until you are 80 everyone is surprised you can walk. At 70 they are mad at you for everything but at 80 they forgive you.

Then there was the 80 year old lady who told me she now sees four men a day:

There is Will Power who helps her to get out of bed in the morning.

She then goes to see John. Arthur Ritis then shows up about ten and stays for the rest of the day. He does not stay in one place too long and goes from joint to joint. After a busy day she is really tired and is glad to go to bed with Vic Vapour-Rub who tries to relieve her aches and pains.

The Vicar called to see this lady the other day and suggested that at her time of life she should be thinking about the hereafter. She told him “I do that all the time Vicar – no matter where I am – in the kitchen, the bedroom or down in the garage – I ask myself “what am I here after”

Peter Purcell, Thursday Veteran's Convenor

Midweek Social Tennis

We have had very few washouts during the winter and spring meaning that most Tuesdays and Thursdays were available for play. The rain that did occur during that time has meant that when needed, we could use those courts normally unusable as a result of the water restrictions. The very dry spring has mainly put an end to that and on most recent days we have been restricted to two courts, except when there is no competition play. On those days when we are restricted to two courts, the procedures limiting the length of sets have been well accepted by all players and have enabled more tennis for all those playing.

Numbers on most days have been slightly fewer than earlier in the year and this newsletter is a good occasion to remind members to be proactive in seeking more social players to join us. We all know how enjoyable it is and we should share this pleasure with other lovers of tennis.

No NBTC Christmas newsletter would be complete without a Nan Evans travel story. Nan was visiting family in Ames, Iowa earlier this year and decided to take the local bus. She found herself the centre of attention as the 75 millionth passenger on that bus service, much to the chagrin of the locals who likened this loss of a local trophy to an Australian to the loss of the America's cup to Australia. They considered it another example of plunder from Down Under but we say Congratulations Nan! Nan received lots of presents but if I got the story right, she declined to go on nation wide television. She has photos showing her receiving some flowers as part of the award. Nan is currently trying to persuade the local bus service in North Balwyn to have a similar award policy. Nan, now when you visit your family again in Ames you can spend more time with them and less time riding the buses.

Compliments of the Season to all mid week social players and while we all hope for more rain in 2008, it would be good if the downpours were restricted to days other than Tuesday and Thursday.

Bruce Holloway

NIGHT TENNIS

For Summer 2007 we had nine teams in Blackburn & District Night Tennis Association (BDNTA). The competition is held on each midweek night except Friday night. The season has just concluded with four teams reachig the semi-finals with none unfortunately going on to make the grandfinal.

Now for a summary of the teams:

Monday Ladies:

Grade 1: The team sat comfortably on top for the whole season, then in the semi-final had a very tight match against Deepdene who played exceptionally well to win, equal on games, 4 sets to 2. The Battlers have applied for NENTG Section 1 next season and will play on Wednesday night with Robyn Judd and Rhonda McCaw leaving the team after many seasons to

pursue golf and mid-week ladies comp. respectively. Susan McLaughlin is welcomed back into the team, along with Rong Xu. Many thanks to Justine Hunt who came to the rescue when needed (it seems even 6 in a team is not enough!).

Grade 3:

We have had more lows than highs this season. Our No. 1 player Helen Young injured herself in the first match, followed by Carolyn Bragg needing some surgery, followed by Lorna Sargeant injuring her calf muscle in the 5th match. This left only 2 players, Helen & Julie but thanks so much to Vicki Ibbott & Jenny Law we have managed to play on through the season without having to forfeit. Our last match will be interesting seeing it will be made up of 4 emergencies - thank you all so much for coming to the rescue of our team. However, we look forward to our team being fit and healthy to commence the new season in 2008.

Helen Rayner (Captain)

The Grade 5 team, the Jemels, was promoted from Grade 6 after their wonderful win in the previous season and did well to make the finals.

Tuesday Open:

We only have one team, the Champion Chokers, Grade 13 on Tuesday night so there is room for three more teams.... The CCs did not have a good season, finishing 7th. I'm sure they can improve on that next season.

Wednesday Open:

Genesis moved up a grade to Grade 1 and struggled through the season, mainly due to player availability problems. They have requested Grade 1 again and hope to improve on 7th place.

The Barracoutas, now in grade 4 made the semi-finals which was a good effort. Phillip Wen from the Ringins is joining their team next season. The Ringins, captained by Tony Barton just missed out on the finals and will have some new members, Andrew Renney and Judith Rivers and will apply for Grade 5 again. They could do with an extra player or two for their team.....

Thursday Open:

The Scorpions, Grade 1, finished 6th and this next season welcomes Shaurya Tomar to the team. The Never Was', Grade 3, had a great season finishing 2nd but lost the semi-final. They have a new team member, Stephen Herd, a regular emergency in the past.

I would love to see more teams in the night competition and we have room for more teams on all nights except Wednesday.

Rhonda McCaw, Night Tennis Co-ordinator 9817 2940

WEEKEND SENIOR COMPETITION: ERT

Just like last season, we have three teams that play in the Eastern Region Tennis Association (ERT) this season. They is a mixed sets team in division 5, and two open sets teams in division 4 and 6.

ERT has introduced a new type of competition this summer: a single/double format. This is a four person team where each person plays one singles (best of two sets, Tie break on the third set) and one doubles.

We are always looking for new and emergency players. If you have any interests, please contact me at email:

ksheung@bigpond.net.au

KK Sheung, Saturday afternoon Co-ordinator 9888 4327

PENNANT 2007 - VICTORIAN TENNIS SERIES

We had five teams this year which was great.

In particular we had two new teams joining North Balwyn including some of our keen juniors. Unfortunately none of our teams made the finals this year. There is always next year!

The good news for the men's vets is that their pennant competition may now be back on Saturday making it possible for them to compete again. The list for 2008 is up in the clubhouse for all those keen pennant players out there. Entries close end of January 2008.

CLUB CHAMPIONSHIPS 2007

The Club Championships were held over two weekends, 7,8 & 9th and 15th September. All the Board events, except the mixed doubles, were completed and a presentation held on the Saturday evening. To entice members to join in there was a raffle for participants with Jake Delosa winning 4 movie tickets and Danny Sampson (who as President had the honour of drawing the raffle!) winning 6 bottles of wine, kindly donated by Bocaccio Cellars. Due to reduced numbers we did not have the traditional Spit Roast and opted for a Chicken and salad feast for the 40 or so loyal members who still support the social functions offered by the club. The Committee has decided to hold the championships in September again next year. The committee sees the Club Championships as a very important event in the club and hope for greater support from members next year, both in participation and on the sub-committee that will run it.

Liz Brown & Rhonda McCaw
Club Championships Committee

NBTC Club Championships		Results 2007	
Boys		Girls	
Junior Boys Champion		Junior Girls Champion	
Winner	Michael Cooper	Winner	Martha Clarke
R/Up	Ben Doddridge	R/Up	Yana Barton
18 & Under Doubles		18 & Under Doubles	
Winners	Shaurya Tomar Mnh Le	Winners	Martha Clarke Yana Barton
R/Up	Michael Cooper Michael Truong	R/Up	Jessica Makroyiannis Emilia Renney
18 & Under Mixed Doubles			
Winners	Michael Cooper		Martha Clarke
R/Up	John Hanson		Yana Barton
Men		Women	
Singles		Singles	
Winner	Andrew Halford	Winner	Sheryl Kerwick
R/Up	Steven Gamarco	R/Up	Justine Hunt
Doubles		Doubles	
Winners	Andrew Halford Stuart Brown	Winners	Judy Davies Susan Martin
R/Up	Steven Gamarco Michael Caten	R/Up	Sheryl Kerwick Rhonda McCaw
45 + Mixed Doubles			
Winners	Danny Sampson		Sheryl Kerwick
R/Up	Peter McCaw		Rhonda McCaw

SOCIAL NEWS

The Club christmas party will be held at the club from 5.30 pm to 7.00 pm for Christmas drinks (BYO) and nibbles (provided by the club) on the evening of **Saturday 15th December** and a free sausage sizzle and tennis for the kids.

We hope to have another event late January to welcome in the new tennis season. Also, Stuart Brown once again will be organising a club Golf Day in late February or March. Further details in the New Year.

The committee is committed to purchasing new tables and chairs for the clubhouse and a final decision will be made in the New Year. I apologise for the delay in this but work constraints have made it difficult for me.

Thank you to everyone who purchased items from the SCB catalogue. We will receive our commission cheque in January. It all helps!

The social committee needs ideas and support from the members. If you would like to get involved please contact Liz Brown.

Liz Brown Social Convenor

Mobile: 0415 466 713

Home: 9857 4149

Email: e.brown@racingmuseum.com.au

GETTING THE CLUB NEWS

As we only have the Club newsletter sent out twice a year, we need other ways to keep our members informed of club events and key decisions made by the committee. There are a number of ways this is done. Firstly, the monthly committee minutes are posted on the Social noticeboard. Secondly, regular emails are sent out to those members who have registered their emails with us and thirdly, these emails are copied and displayed on the general noticeboard and the fridge in the kitchen. We encourage all members to be on the email address list. It is the most effective and quickest way for us to communicate club matters to you. If you wish to be added to the address list, send your email address along with your name, to **northbalwyntc@yahoo.com.au**.

Since the last newsletter there have been a number deaths of members. Friends or family members have written a few words about them here.

VALE BOB JOHNSTON

Bob Johnston, one of the founding fathers of the NBTC passed away in June this year. Bob was the club's first treasurer and served in this capacity from 1962 to 1968. He was instrumental in the formation of the club, acting as secretary/treasurer in the early days before the club was a formal entity. In 1968 Bob was made a life member in recognition of the many hours of tireless work he devoted to the club. Bob did not play a lot of tennis but was a regular at the many social activities held by the club in those early years.

His dear wife, Elaine, passed away in August 2007. Elaine was a keen mid-week social player and participated in arranging the club's social activities. Both Elaine and Bob were very well-known identities of the NBTC during its formative years and we extend our sympathy to their daughter, Helen, on their passing.

Kaye Clarke

A card was also received from Helen Rozet, Bob's daughter, sent to our secretary, Tony Barton (reproduced with permission).

Dear Tony,

Thank you for the letter and kind words sent on behalf of the Committee and members following Bob Johnston's sudden passing.

At the time Elaine was in hospital and so pleased to receive it. Sadly, Mum passed away unexpectedly on 15th August. As a family, we had very happy memories of the club. I remember Bob, Kaye Clarke (then Dyring) and myself walking the streets of North Balwyn delivering the first pamphlet to prospective members prior to the building of the courts. Bob worked hard for the club in the early days, not only as treasurer, but also on working bees. We used the neighbour's (the Aitken's) shed to store equipment. Elaine enjoyed helping on the social committee, organising dinner dances and children's Christmas parties. I know Elaine and Bob were pleased that the Club is still an enjoyable meeting place for families and friends. Thank you all.

Sincerely,

Helen Rozet

VALE BETTY TERDICH

Betty Margaret Terdich, known generally as Bet Bet died on 2nd September 2007. Her many friends met at the tennis club on Tuesday 25th September to remember her life and friendship. Bet was a most popular and loved member for over 40 years and was a team member with considerable tennis ability in the Heidelberg and District Competition for many years. Bet was a unique lady with glamour and a huge personality and will never be forgotten.

Lorraine McKernan

On a happier note we are pleased to report that Jody Edwards has given birth to a healthy boy on 29th October, weighing in at 3.12 kg. Congratulations Jody, Simon and sister Emily. Jody is our Public Officer. Unfortunately her recent activities has temporarily interrupted her tennis and we hope to see her back at North Balwyn before too long.

ANYONE FOR TENNIS? (What the experts say)

The health benefits of tennis have been described in a literature review, emphasising that a shift from singles to doubles can help people continue playing well into their older years.

"Tennis is one of the most popular sports throughout the world," the report stated. "Furthermore, a large majority of the people who play tennis maintain the sport throughout life. Tennis would therefore be an ideal sport to improve activity levels of the general population."

The review found that those who chose to play tennis had lower body fat percentages, more favourable lipid profiles, and enhanced aerobic fitness, all contributing to a better cardiovascular risk profile. There was insufficient information to determine whether regular tennis had any effect on blood pressure.

The studies unanimously found healthier bone structure in male and female tennis players across the age spectrum. The effect was greater in those who played more, started younger, but was maintained even as participation diminished. It was most apparent in load-bearing bones such as the humerus of the dominant arm, lumbar spine and femoral neck.

Tennis played two to three times a week met current recommendations for exercise. Reported mean heart rates during singles matches were 70-90% of maximum, and mean oxygen consumption ranged from 50-80% of V_{O_2} max, meeting the criteria for relatively high-intensity exertion.

Heart rate and oxygen consumption were lower in doubles matches. "Doubles play may be sufficient for the middle aged or senior player," the review said. " This has the added benefit that it increases the chance that those who play tennis are likely to maintain the sport when they grow older."

The review could not rule out the possibility that tennis players were a self-selected healthy group.

Reference: Pluim, B *et al*: 2007 "Health benefits of tennis." *British Journal of Sports Medicine* vol 41 pp. 760-768.

SPONSORSHIP

We have been very lucky to have two sponsors, Fletchers Real Estate and the Commonwealth Bank offer donations to our club if members use their facility. I urge all members, if they are considering selling a property or taking out a loan, to think of using them as it will benefit both themselves and the club. Further information about these offers are available on the NBTC general noticeboard.

ACKNOWLEDGEMENTS

The NBTC committee would like to thank all those who contributed articles for the newsletter.

Editor: Rhonda McCaw

Do you know someone who might be interested in joining our club?

Why not pass on this newsletter after you have read it, or direct them to our website:

Our new website address is: <http://home.vicnet.net.au/~nbtc/>

Answers to the President's Quiz:

- Roy Emerson ,6
- Margaret Smith Court, 11
- John Newcombe, 1976
- a 'bagel' is a 6-0 score in a set
- Serve, forehand, backhand, volley, half-volley, overhead smash, drop shot, and lob